NEWSLETTER
Term 3 Week 6 – 26th August 2014 (issued fortnightly)

Principal: Miss P. Colley
Deputy Principal: Mr W. Fowke

Parents & Citizens Meetings
Are held on the 3rd Tuesday of each month at 5:30pm in the Staff Common Room
Anyone interested in supporting our school is welcome to attend

<table>
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<th>Coming Events</th>
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<td>Drama Eisteddfod</td>
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<td>Open Girls State Netball Final</td>
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<td>Year 9 Food Tech Ass</td>
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<td>School Social</td>
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<td>CHS Athletics</td>
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Principal’s Report

Retirement
Marilyn Mepham our School Administration Manager has been working for the Department of Education and Communities for 40 year, 32 of those years have been as a staff member of Inverell High School. Marilyn is currently on leave pending retirement. I would like to thank Marilyn for her service to the school. Marilyn has been an integral part of Inverell High and will be greatly missed by all.

Year 12
As we move through to the completion of school for Year 12, I need to remind parents and students that the next four weeks are a vital time for students to gain the most from their education. Many subjects are still finishing off the course while others are going through revision and focusing on the areas highlighted by recent Trial Higher School Certificate as needing the greatest revision. Staff will continue to work with students to ensure they maximise their results right up to the day of the exam.
Year 12 have done an outstanding job raising funds for Operation Operating Room for the local hospital. During their final week at school the fundraising will continue. I would like to take this opportunity to remind Year 12 that it is also a time to enjoy their final weeks of formal schooling but to be safe and respectful to themselves and others.

Penny Colley
Principal
Latter Family Appeal
An appeal has been set up for the Latter family who lost everything in a house fire recently.
Money can be deposited at the Commonwealth Bank to Brian & Bronwyn Latter
BSB 062-556
C/C 10320401
Any donation of food, clothing etc can be dropped off at Millers or Smooth Beauty.
Wendy Hodkinson can be called, on 0403 613 333 to organized any pick-ups.
Any non-perishable food items can also be left at the front office of the high school.

Newcastle Chess
On 13th & 14th August seven students and Miss Zeng travelled to Newcastle for State Chess Semi-Finals. The competition took place at Waratah Technology Campus. As the boys tied for third in the competition they have been invited to the State Finals in Sydney in September.
All the boys did very and enjoyed the challenge of playing against other schools. This was a positive experience for everyone.

Open Boys Touch
Congratulations to our Open Boys Touch team – 9th in the State out of over 500 Public High School teams, including the ever increasing number of Sports High Schools. An exceptional effort by the boys and they should be proud of themselves. A big thank you to Mr Mark Cameron for his coaching of the team and transporting the boys around the State. Also big thank you to Mrs Libby Lennon for her assistance at the State Finals. She helped feed the boys and helped keep them dry in atrocious weather conditions.

Open Girls Netball
A big congratulations also to the Open Girls Netball Team. After defeating Coonabarabran High at Coonabarabran, the girls hit the road again to play Tamworth High. In what was an outstanding display of teamwork and skill, the team convincingly defeated the opposition by 50 goals to 37. The girls will now travel to Wollongong for the State Finals and will play against the best 15 teams from throughout NSW. The school wishes them the best of luck in the finals.

Athletics Championships
At the end of Week 8, a number of our students will travel to Sydney for the CHS Athletics Championships. The best of luck to Sophie Cracknell, Logan Baxter, Brandyn Dunn, Jack Stafford, Brooklyn Timu, Ridge Wilson, Dean Davis and Joel Humphreys.

Tennis Trials
Daniel Helsdingen and Warwick Hodkinson compete in the NW Boys 16s Tennis Trials on Monday in Tamworth. Warwick was selected in the North West team to compete at the CHS. Daniel was selected as second reserve.
Well done to both boys.

North West Squash
Jack Riley(3rd from left back row) representing Inverell High as part of the North West Squash Team
New Student Reward Scheme began Term 2.

Education is about all-round development not just learning facts.

Part of this is encouraging good behaviour, giving recognition to children when they do well and motivating them to do more. We have therefore improved our reward system by introducing Vivo. Vivo does just that, and is already used at many schools like ours.

Vivo enables us to provide points to reward positive behaviour. Children can save up their Vivo points in a personal account and exchange them for a range of items through our on-line 'shop'.

Vivo allows teachers to be more consistent in the way they recognise your child's efforts and to support your child's needs more effectively. Your child gets the experience of choosing how much to 'spend' or save and it's their decision what to do with their Vivos.

Importantly, Vivo gives you the opportunity to see the progress your child is making and to celebrate, with us, their successes. If you would like a to follow your child’s progress you can create a login by logging into vivomiles.com.au or you can contact Mrs Libby Ryan or Mrs Anne Migheli at the school at the above phone number or email.

Celebrating their successes is a big contribution to building your child's desire to learn. We hope and encourage you to join in the celebration.

Penny Colley
Principal
Libby Ryan
PBL Coordinator
Anne Migheli
VIVO Celebrations Manager
HEALTHY SCHOOLS HEALTHY FUTURES MESSAGE

Tips for Parents Supporting Students Experiencing Cyberbullying

Cyberbullying is the use of technology, usually social media, to bully a person or group. Bullying is repeated behaviour by an individual or group with the intent to harm another person or group.1

With children having readily available, almost 24/7 access to the internet and social media it can be difficult to avoid and escape cyberbullying. It can also be challenging as a parent or carer to monitor and manage children’s internet use.

Children are often apprehensive in telling their parents about being bullied online as they may believe that parents will force them to disconnect from online friendships. If you are concerned that your child is experiencing cyberbullying here are some signs that you can watch out for:

- changes in personality, e.g. more withdrawn, anxious, sad or angry
- appearing more lonely or distressed
- unexpected changes in friendship groups
- decline in school work
- change in sleep patterns
- avoidance of school or usual sporting clubs
- a decline in physical health1.

If you notice any of the above changes or other out of character behaviours, reassure your child and emphasise that you would like to help them. Also ensure that they are aware that you are there to support them. You could seek assistance from your child’s school or from a counsellor, including Kids Helpline (kidshelpline.com.au) and eheadspace (eheadspace.org.au).

Some other tips that may help keep you and your child safe whilst using the internet and social media include:

- have a strong password and keep it confidential
- don’t give out private information
- only accept friend requests from people you know
- set social media accounts on private
- encourage friends to ask permission from you before posting photos of you or tagging you in photos (and do the same for them!)
- encourage children to let a trusted adult know if something is concerning them- encourage them to be active bystanders!

http://www.thinkuknow.org.au/site/

INVERELL’S GOT TALENT
Friday, 24th October, 2014

Inverell East Rotary Club is hosting the fifth ‘Inverell’s Got Talent’ in the Town Hall on Friday, 24th October, 2014. Again there will be 2 Sections: Junior (school years 5 to 8) and Senior. Entry to the Competition will be free and will close Wednesday, 15th October. Late entries may be accepted if there is room. A late fee of $10 would apply. The Junior winner will take home $100 while the Overall Winner (which may be a junior) will take home $1,000. A number of other prizes will be awarded on the night. Auditions/Rehearsals will be held in the Town Hall on Tuesday, 21st October. Entrants will be contacted by the Committee to organize a suitable Audition time after Entries close. All Solo or Group performers in Song, Dance or Instrumental are invited to nominate. Other forms of entertainment eg Juggling are most welcome. Entry Forms will be available shortly at all Schools and the Tourist Information Centre. This is a great opportunity for talented students and adults to perform in our newly refurbished Town Hall. Tickets to the Finals will be $15 Adults, $10 Secondary Students & $5 Primary Students. Supper is included. Tickets will be available at the beginning of October from the Inverell Tourist Information Centre. The Town Hall seats 435 people so don’t miss out on a great night of entertainment. For more information contact Tim Newberry, Phone 67232992, Mob. 0427506874. Entry forms are available from the school front office.
Teaching someone to drive can be a happy experience.

You can learn all the simple steps on how to teach a learner driver at a **FREE** two hour workshop.

The next workshop in your area will be held:

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<th>TIME &amp; DATE:</th>
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<td>Wednesday 17 September</td>
<td>Inverell Community College (The Inverell Club)</td>
<td><a href="http://www.etcltd.com.au/rms">www.etcltd.com.au/rms</a> Ph: (02) 6650 1969 Freecall 1300 359 968</td>
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Helping learner drivers become safe drivers